

UNDER THE HOOD

August 2014

Compliments of
Your Friends at

DAN'S
Auto Service

Feeling the Pressure, Jonathan? Simplify Your Life... Starting Today!

When is the last time you took a vacation that didn't include posing your family in front of mountains, canyons or monuments for a Facebook post... or where you didn't stretch your arm (with cell phone attached) out the window to find a spot where you could check your email??

For that matter, when is the last time you went **one day** without checking email, voicemail, Facebook, Twitter, Instagram, etc. etc. etc???

Whatever role you find yourself in - student, parent, professional, even retiree - chances are you feel the same pressure that affects nearly everyone within 3 feet of a smartphone or laptop: **we are on overload!**

A quick Google search shows a growing trend toward *simplifying*... including everything from selling your stuff, to downsizing your job, to streamlining your media. Sounds simple enough, right? But the just the process of eliminating the things that overwhelm us is, well, a bit overwhelming!



Inc.com quotes lawyer turned writer Christina Hartmann and her Three-Step Philosophy for simplifying your life:

1. **Develop a life philosophy.** Before you make any major (or even minor) changes, you need to know why you're changing your life. You need a purpose. You need a prioritization system. You need a life philosophy, a distilled set of principles that reflect your values.
2. **Divide up your tasks into must-dos and want-dos, and eliminate everything else.** You have to do some things even if it doesn't fit into your life philosophy, like pay taxes, eat and sleep. These are necessary things that you can't avoid (without suffering horrible consequences, at least). On the other hand, you have your want-dos, the things that you love doing when you're not paying your taxes, calling your mom, and fixing the garbage disposal. This is the fun stuff that advance your life philosophy. Everything else? Junk them.
3. **Reduce clutter, both physical and mental.** Clutter is more than untidiness. It's superfluity. It's excess. With unnecessary things

A Few of Our Favorite 'Simplifying Life Hacks'!

1. Use a straw to remove strawberry stems;
2. Use a muffin tin for condiments at your next barbeque;
3. Bread clips make great cord tags;
4. Use a dustpan to direct water into buckets that don't fit under the faucet;
5. Baby binder clips manage cords



piling up in our homes, offices and minds, simplicity becomes impossible.

Maybe a whole multi-step solution is more than you can wrap your brain around right now. The best advice we've found is 1 step, free, and can be immediately implemented: "Instead of seeking more lists and more plans, new

clothes and new friends, perhaps look around and consider that you probably already have all the things that you really care about. Cherish the friends you have and wear your favorite shirt to tatters."

Read more at www.inc.com/jessica-stillman

TRIVIA QUESTION

The average number of ice cream sandwiches eaten in the US per second is:

- a) 7
- b) 156
- c) 0.6
- d) 48

CALL US NOW at 337-7090 with your answer... the first 15 people to call with the correct answer will be entered into our monthly GRAND PRIZE DRAWING for a FREE \$25.00 GAS CARD!!

CONGRATULATIONS to John Ayers, last month's trivia winner!

BAKED GARLIC PARMESAN CHICKEN

INGREDIENTS

- ✓ 2 tbsps. olive oil
- ✓ 1 clove garlic, minced
- ✓ 1 c. dry bread crumbs
- ✓ 2/3 c. grated Parmesan cheese
- ✓ 1 tsp. dried basil leaves
- ✓ 1/4 tsp. ground black pepper
- ✓ 6 skinless, boneless chicken breast halves



DIRECTIONS

Preheat oven to 350 degrees F (175 degrees C). Lightly grease a 9x13 inch baking dish.

In a bowl, blend the olive oil and garlic. In a separate bowl, mix the bread crumbs, Parmesan cheese, basil, and pepper. Dip each chicken breast in the oil mixture, then in the bread crumb mixture. Arrange the coated chicken breasts in the prepared baking dish, and top with any remaining bread crumb mixture.

Bake 30 minutes in the preheated oven, or until chicken is no longer pink and juices run clear.

DAN'S Inc Auto Service

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WE HEARING FROM YOU!

Manager's Message



Hello, Marc here this month. I thought I would take a moment and introduce you to the newest member of the Dan's Auto family. Her name is Bella and we adopted her 8 weeks ago now. As many of you may remember Aspen, she sadly passed on last August. While I was not looking for a dog, my sister in law's neighbor had her and no one would adopt her. So in comes my wife and reminds me that every child needs a dog to grow up with. Not soon after we find out she's the biggest of the litter. At 7 weeks she weighed over half what Savannah weighs now and she has doubled in size since this picture. I forgot what having a puppy was like and I'm not sure which one gives us more stress, Savannah or Bella but when the two get together, it's stress overload. But they are getting along great.

Have a great August! -Marc

Thanks for Your Kind Words!

"These guys are awesome! Friendly, knowledgeable, customer-focused, and quick to get you scheduled and serviced at your convenience. Great experience every time!" -Richarda Bulson

You Are the BEST!!

THANK YOU to all of our amazing clients that have referred us business time after time. Our business depends on the positive comments and referrals from people just like you. We just couldn't do it without you!

Jesse Ruiz, Tim Nichols, Daniel Douglas



August 2nd is **NATIONAL ICE CREAM SANDWICH DAY!**

IN FACT... an average of 48 ice cream sandwiches are eaten in the US every second!! (that's a LOT of ice cream love!)

MEMBERS SAVE MORE!

CAR CARE CLUB



ASK US HOW TO JOIN!

Includes:

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- Inspect Condition Of Battery & Charging System
- Inspect All Safety Lights and Wiper Blades
- Check Anti-Freeze for Proper Levels
- Check For Tune-Up

Expires 8/31/14 ~ Must present coupon ~ No other discounts or coupons apply

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Must present coupon; expires 8/31/14. Cannot be combined with other offers.

DAN'S Inc Auto Service

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